

## Sessions that urge people

- to get outside,
- to pay attention,
- to use all of their senses,
- and to write about their experiences.

These extended nature walks feature writing prompts that are tailored to your location. We begin with a few exercises to get our creative juices flowing. Then we head outside, where we use all of our senses to make new discoveries. We document what we see in journals and sketchbooks. These offerings are best done with 12-15 people, ranging from teens through adults. A session can last from 90 minutes to 3 hours; or it can expand to fill a whole day or even a weekend retreat. We go out in every season. Regardless of the session length, attendees will reconnect with nature and will come away with at least one piece of finished or in-progress writing. Contact me to work out the details.

Corinne Smith's walks awaken the senses, stir the spirit, and connect you to nature. She inspires us to see more than we ever imagined in places both familiar and new.

~ David K. Leff, author of Hidden in Plain Sight: A Deep Traveler Explores

Connecticut; and named New England Scenic Trail Poet-in-Residence for 2016-2017



Corinne H. Smith is a writer, speaker, and outdoor educator.

Fees will depend on program scope and length.

Contact Corinne at corinnehsmith@gmail.com or (717) 681-0102. Find more information at www.corinnehsmith.com.