

Find peace in nature
And anywhere you can:
In long-distance mountain views
Or in a grain of sand.

Pure miracles surround us
On each flower, bush and tree.
We can catch them every day,
If we just stop to see.

Sure, sometimes Nature is unkind,
With storm or fang and claw:
But lessons lie in every act;
And most leave us in awe.

So as we all move forward
In these tough times and beyond,
We'll need the peace that nature brings
To help us carry on.



Yes, find peace in nature,
And not just lines on leaves.
Its gifts are wrapped and hiding
In each sunrise, bloom, and breeze.

We need to be connected to
The world outside our door,
For it rejuvenates our souls:
It's what we're set here for.

So bundle up and head on out.
Find your connections, too.
Allow the universe to touch
The nature that's in you.

*~ Corinne H. Smith
December 2016*